



# MAINSTREAM TIMES

Mainstream Services

## Mainstream Times Publishes 4th Issue

Volume 1, Issue 4

July 18, 2011

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Mainstream Services will publish a quarterly newsletter, Mainstream Times. The Times will be available on the middle Friday of each month beginning in July. Each issue will have a featured consumer, news from Mainstream Academy, an article about our Employee of the Month, a waiver fact, and news from the community, and a other items of interest..

Please feel free to send comments, suggestions, or items of interest you may want included.

I am sure those two paragraphs sound familiar. They were in the Inaugural Edition of the Mainstream Times published more than three years

ago. There are many things we want to share with our families and consumers. As I have restructured my duties here at Mainstream, I am putting the newsletter back on the front burner. I feel it is important to share our successes, fears, worries, and now and then even a good recipe!

If you have ideas for stories, or a story you would like to submit please email me at [dprince@mainstreamservices.org](mailto:dprince@mainstreamservices.org)

### Mainstream Services Board of Directors

Hugh Dean, President, Division of Rehabilitation Services-Retired

Ed Layman, Vice President, Department of Highways

Jayne Lakes, Treasurer, Parent

Deana Prince, Secretary, Parent

Lee Green, Huntington

Housing Authority

Sean Maynard, Attorney

Larry McCoy, Business Owner, Retired

Cullie Queen, Parent

Debbie Salmons, Parent

Pam Tooley, Parent

The Board meets the first Thursday of every month at 6:00p.m. at the main office.

- Mainstream Service will be celebrating our 11th Anniversary on November 1, 2011.
- Mainstream Academy opened June 11, 2007 with 5 consumers. We currently have up to 25 consumers attending on various days.
- Mainstream is hoping to improve interactions with family/ public by utilizing our web site to a greater extent.
- If you have questions or comments please address them to

[blester@mainstreamservices.org](mailto:blester@mainstreamservices.org)

## Mainstream Employees of the Month Selected

Mainstream Services is recognizing superior work by our staff. Not only do they display excellent services with our consumers but they also submit paperwork promptly and completely. Employees in all areas of Mainstream Services are eligible for this recognition. In addition to the recog-

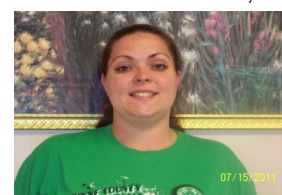
nition they also will receive a \$25.00 gift card.

If your consumer has a staff member you feel should be nominated for this award please let me know.

Our Employee of the Month for July 2011

Sherea Runyon

Sherea has worked with Mainstream Services in various capacities. She is doing an exceptional job an Director of Mainstream Academy.





Autism affects 1 in 110 children, 1 in 70 boys.



**Down's Syndrome**  
we should all see the world from their point of view

Trisomy 21 occurs in 1 of every 800- 1000 births.



## Mainstream Services Employee Update

There have many additions and changes since our last issue of the Times went out. I would like to update you on who does what at the office.

Deana Prince—Executive Director

Raechel Prince—Clinical Director

Cullie Queen- Operations Manager

Jolaina Russell- Chief Financial Officer

Kristie Harvey —Human Resources

### Nursing:

Michelle Wilcox- RN

Sarah Queen- LPN

Jessica Stephens- LPN

Amy Wilkinson- LPN

### Therapeutic Consultants:

Ray Adkins

Torrey Baker

Ashley Dygert

Kelli Hively-Jett

### Service Coordinators:

Sammie Adkins

Missy Davidson

Jessica McKeny

Megan Sparks

Jayne Lakes—Billing Specialist

Derick Nida- Payroll Specialist

Patsy Hensley- Filing Clerk

Brian Lester- Information & Technology

Pam Hodge —Administrative Assistant

Sherea Runyon- Mainstream Academy Director

Andrea Cole- Mainstream Academy Lead Staff

Tim Porter- ISS Scheduler

Kenny Acord- Custodial Engineer

## Peacock Proud Mainstream Academy

Mainstream Academy provides site based day habilitation programming to 25 consumers. Every day each consumer is given the opportunity to achieve at their full potential striving to reach their highest level of independence.

Our consumers participate in individual and group activities in the day habilitation setting. Individual activities at Mainstream Academy focus on functional academics, money skills, appropriate social interactions, and meal preparation. This individualized activities are customized to each consumer's needs and level of functioning.

Group activities in the day

hab have included making pillows, creative ice cream and fire safety. Best friend day, string painting and making wind chimes. Every month is concluded with a birthday celebration for all consumers who have had a birthday during the month. Mainstream Academy recognizes and celebrates other important days: Flag Day and National Doughnut Day!!

Consumers take advantage of various activities in the community and of community resources. Consumers go to the library, YMCA, Beech Fork pool, Heiner's Bakery, Heritage Farm, Marshall University, bowling, Pullman Square, local parks & Gatti Land.

Mainstream Academy had several participant in Wayne County Special Olympics.



# Meet Chester

For the month of July, I would love to introduce everyone to Chester. Chester is the brother of Tancy and Uncle to Amber and Jacob. Chester enjoys riding his bicycle. He always wears his helmet. He enjoys Bonanza repeats on t.v. Chester attends Mainstream Academy throughout the week. At the Academy he works on writing his name, sorting colors, and social skills. He enjoys music and any chance to dance. He is learning and applying new skills daily.

Chester is employed at Runyon's One Stop. He stocks cigarettes, vacuums, and works the drive thru window. He likes his job. He loves his paycheck.

He supports his local sports teams splitting his enjoyment of sports between Wayne Pioneers and Spring Valley Timberwolves.

Chester has been a consumer with Mainstream since 2009. Chester brightens the day of everyone who sees him. He is a blessing to all.



Mainstream Services encourages all of you view the web site listed above. This information has been in a previous newsletter but it's relevancy requires that it be mentioned again. Use of the r word is offensive to the people we love and to us. It is not an acceptable word. Show that you and your family have chosen to demonstrate respectful and inclusive language. This is essential to the movement for the dignity and humanity of people with intellectual disabilities. However, much of society does not recognize the hurtful, dehumanizing and exclusive effects of the word "retard". It is time to address the minority slur "retard" and raise the consciousness of society to its hurtful effects.



## BIRTHDAYS

Consumers with birthdays for June and July:

- Justin 6/1/1991
- Brianna 6/9/1999
- Jeremy 6/14/1977
- Ronnie 6/15/1991
- Chester 6/17/1972
- Trever 6/17/1998
- Calean 6/18/2008
- Isaac 6/20/2002
- Ryan 7/02/1997
- Danny 7/19/1964

Wishing you all health and happiness on your special day.



## Message From Deana

I would like to take this opportunity to request your help. I realize it is frustrating when your Service Coordinator or Therapeutic Consultant changes. It is difficult for your loved one to get used to a new person providing these services. It is stressful to have new people in your home.

At Mainstream we must give our consumers professional staff that "talk the talk" (their interaction with consumers and families) and "walk the walk"(paperwork submitted correctly, completely and on time). If BOTH of these do not occur your professional staff is not providing the ultimate care for your loved one.

Waiver has timelines. WVDHHR has timelines. Mainstream has timelines. All information must be submitted or your loved one could lose services or worse, their Waiver slot.

Service Coordinators are required to meet with the consumer every month in their home. They must meet with the consumer at the day habilitation, supported employment, and/or pre-vocational site every other month. IPPs are held at least every 6 months. Your medical form and current, up to date psychological must be turned in 1 month before current medical form expires. That puts SC at two months before expiration date to get the medical form to you.

Waiver requires various trainings be updated annually for all staff. These include consumer specific training, confidentiality, HIPAA, consumer rights, mandatory reporting, abuse, neglect and injuries of unknown origin. Please check the web site for training dates.



MAINSTREAM SERVICES

*Proudly serving individuals with developmental disabilities in Wayne and Cabell Counties.*

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VISIT OUR WEB SITE:

[WWW.MAINSTREAMSERVICES.ORG](http://WWW.MAINSTREAMSERVICES.ORG)

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# IT IS BACK!

## MONTHLY RESPITE NIGHT

Mainstream is pleased to offer a monthly respite night. It is held the third Tuesday of every month. To attend, you need only submit your child's name by the second Tuesday of each month. The staffing ratio is 1:1. We have arts and crafts, karaoke, snacks, exercise, movies, and other activities selected by the consumers.

## Mainstream Academy Spring Dance





# Dance Fever





Todd and Jessica McKeny – June 18, 2011