



MAINSTREAM TIMES

Mainstream Services

Mainstream Times Publishes 2nd Issue

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Mainstream Services will publish a quarterly newsletter, Mainstream Times. The Times will be mailed on the last Friday of every quarter beginning in March. Each issue will have a featured consumer, news from Mainstream Academy, an article about our Employee of the Month, a waiver fact, and news from the community, and a other items of interest..

We are growing daily. But our strength, and what separates from other agencies, is our wonderful families. We need to stand together to support each other, celebrate good times, and provide support from someone who "really knows". I welcome any

comments, suggestions, or items of interest you may want included.

I am sure those two paragraphs sound familiar. They were in the Inaugural Edition of the Mainstream Times publishes more than one year ago.

There are many things we want to share with our families and consumers. As I have restructured my duties here at Mainstream, I am putting the newsletter back on the front burner. I feel it is important to share our successes, fears, worries, and now and then even a good recipe!

If you have ideas for stories, or a story you would like to submit please email me at dprince@mainstreamservices.org

Mainstream Services Board of Directors

Karen Campbell, Registered Nurse

Janice Clary, President of the Board, Educator

Paul Clary, Electronics Expert

Dr. Eugenia Damron, Principal

Bill Hall, Certified Public Accountant

Jayne Lakes, Secretary/ Treasurer, Billing Specialist

Angela Maynard, Vice President, Executive Director- MSI

Deana Prince, Waiver Director, Mainstream Services

Kenny Queen, Queen's Hardware

Richard Thompson, Speaker of The WV House of Delegates, Attorney

- Mainstream Service will be celebrating our 5th Anniversary on November 1, 2009.
- Mainstream Academy opened June 11, 2007 with 5 consumers. We currently have up to 20 consumers attending on various days.
- Mainstream has started to offer services in the areas of Rehabilitation Services and Targeted Case Management

Mainstream Employees of the Month Selected

Employee of the Month for the 2009

Are as follows:

April Raechel Prince, TC

May Nikki Payton, DCS

June Sean McDaniel, SC

July Jason Dean, DCS

August Gloria McClure, DCS

September Norma Spurlock, DCS

October Chadd Hatfield, DCS

November Stacey Brumfield, DCS

December Andy Wright, TC

Regardless of the job these employees hold at Mainstream, they complete their duties in an exemplary fashion. They are true to Mainstream and our consumers.

Upcoming Events In Developmental Disabilities



APRIL 2nd is World

Autism Awareness Day.

Many activities are being planned across the globe to increase awareness of the fastest growing developmental disability.

MSI will be sponsoring a drawing for various items with autism themes. All families

will be entered. You will be notified by phone on April 2nd if you have won. One of the neat prizes is a roll of stick-

ers that says "I am not misbehaving. I am dealing with autism." I thought they were great!

Walk For Autism will be held at Ritter Park in Huntington on Saturday, April 25, 2009. There will be a walk, a run, and a bike ride. Proceeds will go to the Autism Services Center, Autism Training Center, and Huntington Area Autism Society. For more information call 304-696-2332 or 304-525-8014.

Rylee's Rally is a resource fair for families who have family members with special health care needs and/ or chronic health care concerns. This fair provides families with an opportunity to access available resources within their own community. The fair will be 4/18/2009 10:00a- 2:00p at Veteran's Memorial Field House Call 691-1393 for more info

Mainstream Services Employee Update

There have many additions and changes since our last issue of the Times went out. I would like to update you on who does what at the office.

Angie Maynard—Executive Director & Commander -in-Chief

Deana Prince—Waiver Director

Brandon Miller—Human Resources

RNs:

Julie Thompson

Jennifer Haddox

Therapeutic Consultants:

Raechel Prince

Andy Wright

Torrey Baker

Gina Hart- Smith- Mainstream Academy Director

Service Coordinators:

Amanda Rose

Bethany Casteel

Sean McDaniel

Jayne Lakes—Billing

Greta Fry—Office Manager

Nathan Kirk— ISS House Manager

Stephanie Perry- Receptionist



Peacock Proud Mainstream Academy Happenings

Mainstream Academy Consumers will be attending Wayne County Special Olympics Friday, May 1, 2009. Areas of competition include soft ball toss, running long jump, 50m walk, 50m run, and standing long jump. There will also be many activities for the athletes to participate in while they are not in an

event. This is always a great day that means a tremendous amount to the consumers. Go watch or volunteer for the day if you are available. Special Olympics is a great resource for our consumers.

The Academy now has 15- 18 consumers on any given day. Unfortunately, that has to be

the limit due to the size of the building. Even with the new addition there is not room for more consumers. Especially when you factor in that about 95% of our consumers receive 1:1 staffing That is 30-40ish people in the day hab site. We are eating in 2 lunches right now.

Meet Isaac

For the month of March, I would love to introduce everyone to Isaac Nelson. Isaac is the son of Brian and Rose Nelson. He has an older sister, Lily. Isaac enjoys looking animals up on the computer. He can spell and name every type of dinosaur that ever walked on the Earth.

Isaac attends Dunlow Elementary where he is in Kindergarten. Isaac loves the bus ride to school. He is making great adjustments and improvements everyday.

Isaac likes to climb. He looks forward to summer and spending time in his swimming pool. A favorite community activity for Isaac is to go to the library. Needless to say, he goes straight to the books about animals.

Isaac has been a consumer with Mainstream since 2005. We use him as a Mainstream measuring stick. As he grows taller, Mainstream also grows.

Isaac is a joy to be around. He constantly amazes us with his new knowledge .



2008- 09 School Picture



Congrats to Andy and Debra Wright on their new arrival! New daughter Amara Lee Wright will join their family on Friday, March 20, 2009. Amara is a Nigerian name meaning God's Grace. Lee is a family name. She is 1 1/2 -

2 years old. She is a belated birthday gift for Debra. As you can see, she is beautiful! And she does resemble Andy!

quality person-centered services to our consumers and their families. As we move forward through 2009, I am optimistic about continuing to grow while holding true to our mission of providing individuals with developmental disabilities dignified and empowering opportunities for living; and our vision of each individual, regardless of physical and mental ability, has the right to the highest quality of life.

I hope you enjoy this edition of our newsletter. I want to say Thank You to Deana



Receiving his award from Preschool May 2008

Birthdays

Consumers with birthdays this quarter:

- Tevin Carter 5/28/1997
- Allison Compton 4/3/2003
- Shawntae Courts 6/7/1986
- Rylee Davis 6/16/2004
- Trever Dean 6/17/1998
- Rachel Lakes 5/7/1984
- Jacob Lucas 4/10/1993
- Jeremy Mannon 6/14/1977
- Isaac Nelson 6/20/2002
- Cynthia Porter 4/20/2000
- Cameron Salmons 4/17/2001
- Justin Wilson 6/1/1991
- Brianna Yeomans 6/9/1999

Wishing you all health and happiness on your special day.



Message From Angela Maynard

Message from Executive Director,

Welcome to Volume II of *Mainstream Times* and an update on what's going on at Mainstream Services.

2008 has been a year of rapid growth for our agency. We have increased our consumer/family caseload of 66%, and increased our professional and direct care staff by 35% and gained an additional 2000 square feet to our facility. We've all been very busy trying to keep up.

In today's economic struggles, it's difficult for all families and organizations to sometimes make-ends-meet. I feel very Blessed that Mainstream Services has maintained our growth and helped many individuals to the best that our resources would allow. Mainstream employees, families, Board of Directors, friends

and community members pride themselves on "getting the job done, no matter what it takes." I am only the Director of Mainstream Services. Many are responsible for providing assistance and meeting needs far beyond the scope of Title XIX Waiver Services.

I am so proud of the entire staff of highly qualified devoted professionals and dedicated and supportive direct care staff. Day after day, and sometimes, night after night, everyone works tirelessly to make a difference in the lives of those we serve.

Many changes in policies and procedures, regulations, agency requirements, caseloads and even physical growth have taken place over the last year, but one thing will never change; Mainstream Services will always strive to provide quality person-centered services to our con-



MAINSTREAM SERVICES

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VISIT OUR WEB SITE:

WWW.MAINSTREAMSERVICES.ORG

MONTHLY RESPITE NIGHT

Mainstream is pleased to offer a monthly respite night. It is held the third Tuesday of every month. To attend, you need only submit your child's name by the second Tuesday of each month. The staffing ratio is 1:1. We have arts and crafts, karaoke, snacks, exercise, movies, and other activities selected by the consumers.

Special Olympics Sponsors "Spread the Word to End the Word"

Spread the Word to End the Word is a National Awareness Day, sponsored by Special Olympics, to raise the consciousness of society about the dehumanizing and hurtful effects of the word "retard (ed)" and to encourage people to pledge to stop using the r-word.

March 31, 2009 is the day chosen to demonstrate respectful and inclusive language is essential to the movement for the dignity and humanity of people with intellectual disabilities. However, much of society does not recognize the hurtful, dehumanizing and exclusive effects of

the word "retard". It is time to address the minority slur "retard" and raise the consciousness of society to its hurtful effects.

Visit www.r-word.org to learn how you can help

Spread the Word to End the Word!



At Mainstream we pride ourselves on being family. We celebrate many wonderful occasions with our consumers and their families. Our Mainstream Family suffered a tremendous loss with the passing of our beloved Kati Campbell. Kati was one of the 4 founding consumers at Mainstream. She was a volunteer at Mainstream before attending the day habilitation program. Kati had an excellent sense of fashion, loved a good practical joke, and cared deeply about her friends. Kati was willing to try anything. (As long as we could run it by her Mom and Dad!) She was always smiling and was not content until all those around her were smiling also. Everyday something comes up that reminds us of Kati. And what wonderful memories those are!